

SATURDAY		First Lesson: 28 August Last Lesson: 30 October	
Class Name	Time from	Time to	Location
Baby Wave 3mth to 18mth	13:00	13:30	Minor Pool
Baby Wave 3mth to 18mth	14:00	14:30	Minor Pool
Baby Wave 18mth to 3yrs	13:30	14:00	Minor Pool
Baby Wave 18mth to 3yrs	14:30	15:00	Minor Pool
Ripples	09:00	09:30	Minor Pool
Ripples	10:00	10:30	Minor Pool
Ripples	11:25	11:55	Minor Pool
Ripples 1	09:00	09:30	Minor Pool
Ripples 1	11:25	11:55	Minor Pool
Ripples 2	09:30	10:00	Minor Pool
Ripples 2	10:00	10:30	Minor Pool
Ripples 2	11:55	12:25	Minor Pool
Ripples 3	09:30	10:00	Minor Pool
Ripples 3	11:55	12:25	Minor Pool
Ripples 4	10:30	11:00	Minor Pool
Ripples 4	12:25	12:55	Minor Pool
Ripples 5	10:30	11:00	Minor Pool
Ripples 5	12:25	12:55	Minor Pool
Ripples 6	11:25	11:55	Main Pool
Ripples 6	13:00	13:30	Main Pool
Personal Survival Bronze	09:00	09:30	Main Pool
Personal Survival Silver	09:30	10:00	Main Pool
Personal Survival Gold	10:00	10:30	Main Pool
Stroke and Stamina	10:30	11:00	Main Pool
Stroke and Stamina	11:55	12:25	Main Pool

SUNDAY		First Lesson: 29 August Last Lesson: 31 October	
Class Name	Time from	Time to	Location
Toddler Wave	12:25	12:55	Minor Pool
Toddler Wave	12:55	13:25	Minor Pool
Toddler Wave 1	12:25	12:55	Minor Pool
Toddler Wave 1	12:55	13:25	Minor Pool
Toddler Wave 2	13:25	13:55	Minor Pool
Toddler Wave 3	13:25	13:55	Minor Pool
Ripples	10:00	10:30	Minor Pool
Ripples	11:00	11:30	Minor Pool
Ripples 1	10:00	10:30	Minor Pool
Ripples 1	11:00	11:30	Minor Pool
<i>continued</i>			

SUNDAY		<i>continued</i>	
Class Name	Time from	Time to	Location
Ripples 2	10:30	11:00	Minor Pool
Ripples 3	10:30	11:00	Minor Pool
Ripples 4	11:30	12:00	Minor Pool
Ripples 5	11:30	12:00	Minor Pool

MONDAY		First Lesson: 30 August Last Lesson: 1 November	
Class Name	Time from	Time to	Location
Baby Wave 3mth to 18mth	12:30	13:00	Minor Pool
Baby Wave 18mth to 3yrs	13:00	13:30	Minor Pool
Toddler Wave	14:30	15:00	Minor Pool
Toddler Wave	15:30	16:00	Minor Pool
Toddler Wave 1	14:30	15:00	Minor Pool
Toddler Wave 1	15:00	15:30	Minor Pool
Toddler Wave 2	15:30	16:00	Minor Pool
Toddler Wave 3	15:00	15:30	Minor Pool
Ripples	16:25	16:55	Minor Pool
Ripples	16:55	17:25	Minor Pool
Ripples 1	16:25	16:55	Minor Pool
Ripples 1	16:55	17:25	Minor Pool
Ripples 2	17:25	17:55	Minor Pool
Ripples 3	17:25	17:55	Minor Pool
Ripples 4	17:55	18:25	Minor Pool
Ripples 5	17:55	18:25	Minor Pool
Ripples 6	15:45	16:15	Main Pool
Personal Survival Bronze	16:15	16:45	Main Pool
Personal Survival Silver	17:00	17:30	Main Pool
Personal Survival Gold	17:30	18:00	Main Pool
Stroke & Stamina	18:00	18:30	Main Pool

TUESDAY		First Lesson: 31 August Last Lesson: 2 November	
Class Name	Time from	Time to	Location
Baby Wave 3mth to 18mth	13:30	14:00	Minor Pool
Baby Wave 18mth to 3yrs	14:00	14:30	Minor Pool
Ripples	15:00	15:30	Minor Pool
Ripples	17:25	17:55	Minor Pool
Ripples 1	15:00	15:30	Minor Pool
Ripples 1	16:55	17:25	Minor Pool
Ripples 2	15:30	16:00	Minor Pool
Ripples 2	16:55	17:25	Minor Pool
<i>continued</i>			

TUESDAY		<i>continued</i>	
Class Name	Time from	Time to	Location
Ripples 3	15:30	16:00	Minor Pool
Ripples 3	17:25	17:55	Minor Pool
Ripples 4	16:00	16:30	Minor Pool
Ripples 4	17:55	18:25	Minor Pool
Ripples 5	16:00	16:30	Minor Pool
Ripples 5	17:55	18:25	Minor Pool
Ripples 6	15:45	16:15	Main Pool
Personal Survival Bronze	16:15	16:45	Main Pool
Personal Survival Silver	17:00	17:30	Main Pool
Personal Survival Gold	17:30	18:00	Main Pool
Stroke & Stamina	18:00	18:30	Main Pool
Adult Improvers	19:15	20:00	Main Pool
Adult Beginners	20:00	20:45	Minor Pool

WEDNESDAY		First Lesson: 1 September Last Lesson: 3 November	
Class Name	Time from	Time to	Location
Toddler Wave	15:30	16:00	Minor Pool
Toddler Wave 1	15:00	15:30	Minor Pool
Toddler Wave 2	15:00	15:30	Minor Pool
Toddler Wave 3	15:30	16:00	Minor Pool
Ripples	16:25	16:55	Minor Pool
Ripples	16:55	17:25	Minor Pool
Ripples 1	16:25	16:55	Minor Pool
Ripples 2	16:55	17:25	Minor Pool
Ripples 2	17:25	17:55	Minor Pool
Ripples 3	17:25	17:55	Minor Pool
Ripples 4	17:55	18:25	Minor Pool
Ripples 5	17:55	18:25	Minor Pool
Ripples 6	15:45	16:15	Main Pool
Personal Survival Bronze	16:15	16:45	Main Pool
Personal Survival Silver	17:00	17:30	Main Pool
Personal Survival Gold	17:30	18:00	Main Pool
Stroke & Stamina	18:00	18:30	Main Pool

Swimming Lesson Timetable September 2021

THURSDAY	First Lesson: 2 September Last Lesson: 4 November		
Class Name	Time from	Time to	Location
Toddler Wave	15:00	15:30	Minor Pool
Toddler Wave 1	15:30	16:00	Minor Pool
Toddler Wave 2	15:00	15:30	Minor Pool
Toddler Wave 3	15:30	16:00	Minor Pool
Ripples	16:25	16:55	Minor Pool
Ripples	17:25	17:55	Minor Pool
Ripples 1	16:25	16:55	Minor Pool
Ripples 1	17:25	17:55	Minor Pool
Ripples 2	16:55	17:25	Minor Pool
Ripples 3	16:55	17:25	Minor Pool
Ripples 4	17:55	18:25	Minor Pool
Ripples 5	17:55	18:25	Minor Pool

FRIDAY	First Lesson: 3 September Last Lesson: 5 November		
Class Name	Time from	Time to	Location
Baby Wave 18mth to 3yrs	09:30	10:00	Minor Pool
Baby Wave 3mth to 18mth	10:00	10:30	Minor Pool
Baby Wave 18mth to 3yrs	10:30	11:00	Minor Pool
Baby Wave 3mth to 18mth	11:00	11:30	Minor Pool
Ripples	15:00	15:30	Minor Pool
Ripples 1	15:00	15:30	Minor Pool
Ripples 2	15:30	16:00	Minor Pool
Ripples 3	15:30	16:00	Minor Pool
Ripples 4	16:00	16:30	Minor Pool
Ripples 5	16:00	16:30	Minor Pool
Ripples 6	15:00	15:30	Main Pool
Personal Survival Bronze	15:30	16:00	Main Pool
Personal Survival Silver	16:00	16:30	Main Pool
Personal Survival Gold	16:30	17:00	Main Pool
Stroke & Stamina	17:00	17:30	Main Pool
Adult Mixed	11:45	12:30	Minor Pool

Attending Lessons post Covid

Please be fully aware of our safety guidelines and procedures in place during this Covid period, including our No Outdoor Footwear policy in the Aqua Zone.

All details can be found at:

www.leisureardsandnorthdown.com/centres/ards/swimming/lessons/covid

Course Information

September programme is 10 weeks, from 28 August to 5 November. Saturday is the beginning of the course week.

Junior Ripples lessons are for children in Primary 1 upwards
Minor Pool lessons run with two lessons/ two teachers running concurrently in the pool.
Main Pool lessons use one 25 metre lane.

Adult for 14 year olds and over.

Enrolment

Priority enrolment

Priority enrolment for September will apply to those enrolled on the following courses: February 2020, April 2020, September 2020, November 2020, May 2021 and Crash Waves 2021.

Enrolment will be by an Online Form which will be available from 12 noon Friday 6 August until 9am Monday 9 August. The form can be found at www.leisureardsandnorthdown.com/centres/ards/swimming/lessons/timetable

Pupils will be enrolled onto the lesson requested on a first come first served basis. If the 1st choice is not available the 2nd or 3rd choice requested will be allocated. An email will be sent confirming the lesson booking.

New Pupils

New pupils can register their interest via our online form from 12 noon on Friday 13 August. The form can be found at www.leisureardsandnorthdown.com/centres/ards/swimming/lessons/timetable

Payment by Direct Debit

Junior lessons: £23.79 per month Adult lessons £27.30

For current pupils the first payment will be by direct debit payment on 1 September. For new pupils the initial payment will be in cash with direct debit payment taken on the 1 October and the 1st working day each month thereafter.

Payment by cash

Junior lessons £65, Adult lessons: £70

No refunds will be given under any circumstances

BOOKINGS ARE NON-TRANSFERABLE

Using the complex after lockdown

Please read the information on the back of this timetable before arriving at the complex for your lesson.

Face Masks

Face Masks should be worn by parent/carers at all times while in the complex, including the Aqua Zone. Children do not need to wear masks.

Ards Blair Mayne Wellbeing and Leisure Complex

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